IKONIKA SPAs offer unique treatments for an intimate, nurturing & customized pampering experience. Indulge in our luxurious ambience, while investing in your health, well-being & vitality.

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FACIAL TREATMENTS
Using the results-driven, award-winning skincare range from Elemis, the hands of our highly-trained therapists are profoundly effective tools to renew radiance, nourish and balance skin.

ELEMIS PRO-DEFINITION LIFT & CONTOUR 55 MIN - €89
Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

ELEMIS PRO-COLLAGEN AGE DEFY 55 MIN - €89
Tackle fine lines & wrinkles with the clinically proven age-defying benefits of marine-charged Padina Pavonica & red coral. This targeted massage encourages optimum cellular function for nourished, younger looking skin.

ELEMIS PRO-RADIANCE 55 MIN - €89
A nutritional boost rich in superfoods & essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper and more radiant.

ELEMIS SENSITIVE SKIN SOOTHER 55 MIN - €75
Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness & protect against daily stresses. Texture & moisture levels are dramatically restored. Skin is left supremely soothed, comfortable & calm.
IKONIKA SIGNATURE MASSAGE
Using traditional massage techniques such as body stretching and utilising pressure points on hands and feet together, with typical Swedish massage methods to smooth tension, erase knots and promote total well-being for the body and mind.

DEEP TISSUE MASSAGE
This massage is used to treat chronic muscle pain and muscular injuries, targeting specific muscles, as well as fascia, tendons and ligaments. Sustained slow pressure is applied, gradually working into the deeper tissue. Joint mobilisation and stretches are also used. This approach can relieve tension in muscles and break up scar tissue following injury. Blood flow is increased which can reduce inflammation and speed healing.

AROMATHERAPY MASSAGE
Harmony for body, mind & soul. The careful touch and effect of precious essential oils soothe the autonomic nervous system. It can now rewire itself and the body’s defences are strengthened. Your life force receives a new impetus because the energetic processes are activated.

HOT STONE MASSAGE
The therapist places warm stones on acupressure points, to instantly release physical muscle tension, calming the nerves and joint pain.

SWEDISH MASSAGE
This soothing massage reduces tension and enhances circulation throughout the body. It is renowned for both its soft, long kneading strokes designed to relax the entire body improving circulation and flexibility.

BACK, NECK, & SHOULDER MASSAGE
This relaxing massage works specifically on the neck and shoulder areas where stress and tension are likely to accumulate.
FRANGIPANI WRAP
The velvety texture of Monoi Oil offers super hydration, quenching a thirsty skin. You are kept cocooned & warm while the mood-balancing aromatics & skin conditioning oils do their work.

THOUSAND FLOWER DETOX WRAP
Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.
FREE STYLE DEEP TISSUE MASSAGE
It’s best to give attention to certain painful stiff ‘trouble spots’ in your body. The massage therapist uses slow deliberate strokes that focus pressure on the deepest layers of the muscle tissue, tendons and fascia.

HIGH PERFORMANCE SKIN ENERGISER
A hard-working facial for ageing, dehydrated skin combined with scalp and foot massages.
SPA PACKAGES

RETREAT
Elemis Facial
Swedish Massage

80 MIN - €110

DETOX ME
Frangipani Exfoliating Scrub
Frangipani Wraps

80 MIN - €99

SPOIL ME
Aromatherapy Massage
Ikonika Foot Ritual

80 MIN - €89

*All packages include a complimentary glass of prosecco.
SPA ETIQUETTE

For reservation please contact reception desk or by calling on extension 0.

Please arrive 10 minutes prior to the commencement of your treatment.

Should you need to cancel your appointment, please call as far in advance as possible. As a courtesy to our associates as well as other clients, please make every effort to call at least 24 hours in advance in order to avoid being charged the full cost of the treatment. We do our best to offer a relaxing and calm spa environment. Please help us by turning off your cell phone ringer.

All prices include 18% vat and are subject to change without prior notice.

OPENING HOURS

SPA TIMES
Monday to Sunday 09:00 - 20:00

TREATMENT TIMES
Monday to Saturday 09:00 - 19:00
Sunday 09.00 - 17.00
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